

REFINED RITUALS CLUB



Your

Signature Ritual

Skin Plan

12 MONTHS WITH RACHEL



WELCOME

Welcome to *The Signature Ritual.*

This guide is yours to keep. The same way I'd talk you through your skin in clinic, written down, so you can come back to it whenever something changes.

Six months from now, this guide will feel like a year ago. That's the point.

— *Rachel*



• THE TREATMENTS THAT SHIFT SKIN

The *Signature Ritual*.

Pick one treatment each month, included. Pick one WBCo product at every visit, included. Everything else is 15% off.

SkinPen Microneedling

60 MIN

Medical-grade, collagen-stimulating. The single most powerful treatment here. You see it at month three, others at month six.

Profhilo

45 MIN

A bio-remodelling skin booster. Not filler, it rebuilds the skin's structure from inside. Hydration, firmness, bounce.

Seventy Hyal 2000

45 MIN

Pure injected hyaluronic acid, deep. Hydration that lasts weeks, with a glassy finish in the right light.

BioRePeel

45 MIN

A no-downtime TCA peel. Resurfacing without the peeling everyone fears. Have it Friday, look fine Saturday.

Polynucleotides Eye

45 MIN

Regenerative, under the eye. Not filler, it regenerates the skin itself. Dark circles soften, the tired look stops.





ALSO INCLUDED

Everything *that comes with it.*

- One WBCo product every month, your in-clinic pick
- 15% off everything else, automatic at the till
- Priority booking and evening slots
- Month six: a complimentary treatment added, no need to ask
- Founding members: lifetime card and lifetime welcome box

WHERE TREATMENTS REACH

EPIDERMIS

● Peels, dermaplane

DERMIS

● Microneedling

● Prophilu, polynucleotides

SUBCUTANEOUS



Your 12-month *skin map*.

Consistency is the only thing that works.

I

Reset

Microneedling triggers fresh collagen, BioRePeel evens tone. Texture starts shifting.

II

Build

Fine lines softer, pores tighter. At month six I add a complimentary treatment, no ask.

III

Compound

Microneedling and Profhilo together start showing. Skin holds hydration differently.

IV

Decision

Renew at your locked rate, or if you want me leading the plan, we look at The Full Ritual.



What it's *built for*.

CONCERN	THE RITUAL	SIGNATURE	FULL RITUAL
<i>Dullness</i>	LED, dermaplane, peel	+ BioRePeel	+ luxury facial combo
<i>Dehydration</i>	Medical facial + Prep Mist	Seventy Hyal monthly	Prophilo, polys face
<i>Texture, scars</i>	Chemical peel	SkinPen monthly	Microneedling + meso
<i>Fine lines</i>	LED, dermaplane	Polys eye, Prophilo	Polys face + neck
<i>Pigmentation</i>	Peel, dermaplane	BioRePeel	Advanced micro + meso
<i>Under-eye</i>	LED + eye care	Polys under-eye	Polys eye + face

Your tier highlighted. Anything in the other columns is yours at member rate.

YOUR SKIN, YOUR PLAN

Consistency is what changes skin. Book the same treatment each month and let it compound.





YOUR YEAR, MAPPED

If this *sounds like you.*

“My fine lines are starting.”

SkinPen monthly, polynucleotides if the eye area leads. Profhilo added for lower-face structure at month four.

“One treatment that does the most.”

SkinPen Microneedling, every single month. At month twelve it's noticeable to people who haven't seen you for a year.

“I'd rather tell you to wait six months than take your money for something you don't need.”



AT HOME, EVERY DAY

Your *routine.*

What you do at home matters more than what I do in clinic.
Keep it simple, keep it consistent.

Morning

01 Bog Myrtle Cleanser

02 Prep Mist

03 SPF

Evening

01 Cleansing Balm

02 Prep Mist

03 Glow Oil



WEST BARN CO

The plant-led range I stock. One product is yours every month, the rest at 15% off. Real product included free over the year.

AN HONEST NOTE

What your membership covers.

Your membership is built around the skincare and non-prescription services listed in your plan. Member discounts apply only to eligible non-prescription services.

If you want honest advice, sit in the chair. I will talk through your skin, your goals and what is genuinely worth doing. If something is not right for you, I will say so.

WHEN YOU WANT ME LEADING YOUR PLAN.

Some clients want me choosing the treatment each month based on what their skin's doing, not picking off a list. Quarterly photo reviews, premium products, the most advanced treatments on my menu. That's The Full Ritual.





FOUNDING RATE

£69 / month

Locked for life. First 10 members. £99 standard after.

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