

REFINED RITUALS CLUB



Your

Full Ritual

Skin Plan

12 MONTHS WITH RACHEL



WELCOME

Welcome to *The Full Ritual.*

You're in the smallest tier I run.
Five founding members. Twelve
months of me leading your plan
personally, every treatment,
every review, every quarterly
photo.

Keep it on your bedside table.
We'll write in the back of it
together at every quarterly.

— *Rachel*



● YOU DON'T CHOOSE. I DO.

The *Full Ritual*.

You don't choose the treatment, I do. Each month I pick from the full menu based on what your skin's doing now, what we did last time, and where we're heading next quarter.

Polynucleotides Face + Neck

60 MIN

The most advanced regenerative treatment on my menu. Full-face and neck, not surface-level. The one I'd give myself first.

Microneedling + Meso

60 MIN

SkinPen with a custom serum cocktail I pick for what your skin's doing that month. No two appointments the same.

Luxury Facial Combo

60+ MIN

Dermaplane, cleanse, mask, LED, finish. The closest thing to a results-spa-facial I do. Booked the morning of an event.

Fat Dissolving

45–60 MIN

Chin, bra-line, knees. Included when it makes sense for your goals, never as a default.

All of Signature

INCLUDED

Every Signature Ritual treatment, whenever I think it's the right one that month.





ALSO INCLUDED

Everything *that comes with it.*

- One premium WBCo product every month, anything from the range
- 20% off everything else at the till
- A dedicated WhatsApp line with me
- Quarterly skin review and photo session
- First access to every new treatment
- Founding members: lifetime card and lifetime welcome box

WHERE TREATMENTS REACH

EPIDERMIS

● Peels, dermaplane

DERMIS

● Microneedling

● Prohilo, polynucleotides

SUBCUTANEOUS





Your 12-month *skin map*.

Consistency is the only thing that works.

I

Intake and foundation

Premium welcome pack, initial photos. Microneedling, polynucleotides, BioRePeel, whichever your skin needs first.

II

First review

We sit with your month-one photos versus now. I tell you what I'm changing. New plan for ninety days.

III

Compound

The advanced treatments start showing in earnest. Polynucleotides face and neck once your skin's primed.

IV

Review and renewal

Full skin audit, year-on-year photos. We decide together what year two looks like.





What it's *built for*.

CONCERN	THE RITUAL	SIGNATURE	FULL RITUAL
<i>Dullness</i>	LED, dermaplane, peel	+ BioRePeel	+ luxury facial combo
<i>Dehydration</i>	Medical facial + Prep Mist	Seventy Hyal monthly	Prophilu, polys face
<i>Texture, scars</i>	Chemical peel	SkinPen monthly	Microneedling + meso
<i>Fine lines</i>	LED, dermaplane	Polys eye, Prophilo	Polys face + neck
<i>Pigmentation</i>	Peel, dermaplane	BioRePeel	Advanced micro + meso
<i>Under-eye</i>	LED + eye care	Polys under-eye	Polys eye + face

Your tier highlighted. Anything in the other columns is yours at member rate.

YOUR SKIN, YOUR PLAN

Consistency is what changes skin. Book the same treatment each month and let it compound.





YOUR YEAR, MAPPED

If this *sounds like you.*

“Multiple things at once.”

I sequence the treatments across the year so they compound. Most clients see the moment in quarter three.

“I want to age really well.”

Polynucleotides face as the foundation, then a maintenance protocol built around it. In ten years you'll know it worked because nothing visibly changed.

“I’d rather tell you to wait six months than take your money for something you don’t need.”



AT HOME, EVERY DAY

Your *routine.*

What you do at home matters more than what I do in clinic.
Keep it simple, keep it consistent.

Morning

01 Bog Myrtle Cleanser

02 Prep Mist

03 SPF

Evening

01 Cleansing Balm

02 Prep Mist

03 Glow Oil



WEST BARN CO

The plant-led range I stock. One product is yours every month, the rest at 20% off. Real product included free over the year.



AN HONEST NOTE

What your membership covers.

Your membership is built around the skincare and non-prescription services listed in your plan. Member discounts apply only to eligible non-prescription services.

If you want honest advice, sit in the chair. I will talk through your skin, your goals and what is genuinely worth doing. If something is not right for you, I will say so.

THIS IS THE TOP TIER.

There's no plan above this, but there's a year two, a year three, and for founding members a lifetime card that never expires. After your first twelve months we do a full skin audit together. New photos, new plan, same locked rate.





FOUNDING RATE

£125 / month

Locked for life. First 5 members. £179 standard after.

Refined Medical Aesthetics

Double Row, Seaton Delaval NE25 0PP

07583 321635 · @refined_rachel

